

UPCOMING EVENTS **2**

MARCH FOR BABIES

MOTHER-DAUGHTER
TEA AND FASHION
SHOW

NEW EMPLOYEES **3**

GREEN LIFESAVERS
FIGHT CANCER

ECHO WINNERS **4**

TRADITION OF
EXCELLENCE AWARD

ALLEN COUNTY
RELAY FOR LIFE



Connie Smith, CEO of The Medical Center and President and CEO of CHC, with Doris Thomas, Vice President of Marketing, and Linda Rush, Director of Community Wellness, pose with artist Nell Peperis (second from left), the Special Purchase Award Recipient.

Women-in-the-Arts features local artists' work

In its 21st year, the Women-in-the-Arts Exhibit continues to draw a crowd with an interest and appreciation for local artistry.

From Friday, April 15 through Sunday, April 17, approximately 200 people stopped by The Medical Center Auditorium to peruse the work of 61 women artists who submitted a total of 117 pieces of art. Entries included drawings, sculptures, ceramics, photography, fiber works, and oil, acrylic, and water paintings.

Nell Peperis received the Special Purchase Award for her oil painting, "Three for Company." Each year, The Medical Center selects a Special Purchase Award and displays the piece among its existing collection of original art. "I was in shock," said Peperis when she learned that her painting had been selected. Peperis is an art teacher who enjoys creating oil and water paintings.

Merit Awards were selected by the juror, Deborah Walden, an art instructor at Belmont University in Nashville, Tenn. Merit

Award recipients included: Misha Ambrosia, "Morning Mist"; Carolie Booth, "Methuselah"; Megan Chetelat, "The Tree of Knowledge of Good & Evil"; Pamm Douglas, "Hot Sauce"; Kim McCreary Jones, "White Noise: Moroccan Spice"; Jane Ward Kehrt, "Iris"; Angela Kuprion, "The Hounds"; and Cattie Lou Miller, "Horses at the Ridge Top." Five Honorable Mentions were also selected.

All awarded artwork will be displayed at the Ervin G. Houchens Gallery at the Capitol Arts Center from April 20 – May 2. Artists had the option of selling their artwork at the exhibit, and 25 percent of each sale benefited the Capitol Arts Center's Visual Arts program. The Medical Center is proud to host this annual event that honors the artistic contributions of local women.

Upcoming Events

Vascular Screening

April 29 **9 a.m. to 4 p.m.**

The Medical Center Health & Wellness Center at Greenwood Mall

Assess your vascular health with three painless, noninvasive tests: carotid ultrasound, abdominal aortic ultrasound and ankle/brachial index. These tests screen for disorders such as stroke, aortic aneurysm and lower extremity vascular disease. A vascular technologist performs the screenings, results are sent to a board certified vascular surgeon at The Heart Institute and a report is sent to you and your physician. *The cost is \$35 per screening or \$90 for all three. Members of Senior Health Network, Men's Health Alliance and The Women's Center can get all three for \$80. Appointments are required by calling 745-0942.*

Stroke Screening

May 3 **9 a.m. to noon**

The Medical Center Health & Wellness Center at Greenwood Mall

Following completion of a brief stroke risk scorecard and blood pressure screening, a registered nurse will discuss areas of concern with you.

Allen County Relay For Life

May 6 through May 7

At the Square in Scottsville

Join The Medical Center in the fight against cancer by supporting the American Cancer Society (ACS) Relay for Life. Additional events are: Simpson County, June 3 through 4; and Warren County, June 3 through 4. *For details, call the American Cancer Society at 800-ACS-2345 or visit their website at relayforlife.org.*

Post-Stroke Patient Arm/Hand Mobility Screening

May 9 **10 a.m. to noon**

YMCA of Scottsville and Allen County

This post-stroke mobility screening is offered by The Medical Center at Scottsville Rehabilitation Services. *Appointments are recommended. Call 270-622-2847.*

Colon Cancer Awareness/ Education Class

May 9 **10 to 11 a.m.**

The Medical Center Health & Wellness Center at Greenwood Mall

Join Elizabeth Westbrook with Kentucky Cancer Program as she shares valuable information on the prevention and early detection of colon cancer. *Preregistration required by calling 745-0942.*

Emotional Health & Aging

May 10 **5:30 to 6:30 p.m.**

The Medical Center Health & Wellness Center at Greenwood Mall

Senior adults often face unique emotional problems that can make life abnormally difficult. Join Jami Hughes, a licensed clinical social worker and director of Senior Perspectives at The Medical Center at Scottsville, as she discusses the problems and ways to resolve them. *Preregistration required by calling 745-0942.*

Did you know?

You can register online for many events by visiting www.TheMedicalCenter.org.

march  of dimes®

Don't forget!

**March of Dimes
March for Babies**

will be held

Saturday, April 30

Phil Moore Park

Bowling Green

Registration begins at 9 a.m.

Walk begins at 10 a.m.

To get involved, call the March of Dimes at 746-5411 or visit www.marchforbabies.org

Save the date

**Mother-Daughter Tea
& Fashion Show**

Saturday, May 7 – 3 p.m.

**The Medical Center
Auditorium**

The Women's Center invites you to an afternoon Tea and Spring Fashion Show by *Apricot Lane & Polka Dot Door*. This is a wonderful opportunity for you to spend time with your mother, daughter, grandmother, aunt or special friend. It will be a Mother's Day to treasure. Cost is \$8 per person. For more information, call 745-0942.

New Employees



Standing left to right: Rebecca Borders, MCF Acute Care; Sarabeth Hittson, 4B. Sitting left to right: Carrie Hayes, 5B; Joanna Cates, MCS LTC.



Standing left to right: Heather Poole, 5B; Sabrina Kidd, 3B. Sitting left to right: Tracey McCoy, CRSH; April Handy, 5C.



Standing left to right: Melisa Massey, Food Service; Sharon Skee, Pharmacy. Sitting left to right: Jeff Corder, EMS; Brent Baldock, ED.



Standing left to right: Jamie Wall, MCS Senior Perspectives; Kim Sherrill, BRRCC. Sitting left to right: Betsy Stinson, Pharmacy; Todd Frank, Central Transport.



Since 2005, the Surgery department's Relay For Life team, Green Lifesavers, have raised the most money at The Medical Center for the American Cancer Society. Pictured are representatives of the team.

Green Lifesavers: Fighting cancer with Nacho-mania

What do cookies, raffle tickets, candles, Polish sausage and Nacho-mania have in common? They are just a few of the ways the Green Lifesavers have raised money for Relay For Life.

From baked goods to kitchen utensils, the Surgery department's Green Lifesavers have raised money for the American Cancer Society's Relay For Life since 2005. Nearly every year, their efforts are recognized by the American Cancer Society as the top fundraising team at The Medical Center. To reach their goal, the Green Lifesavers hold multiple fundraisers before the Relay. But they don't stop there—they even raise money at Warren County's Relay For Life by selling food from their campsite. This year they will be selling Polish sausage.

Pam York, certified surgery technician, has been on the Green Lifesavers team since the beginning. She says she participates because she wants to help

find a cure for cancer. "We have three team members who have been touched by cancer. I participate every year so that one day no one will have to worry about this disease."

If you want to participate in American Cancer Society's Relay For Life, it's not too late to sign up! You can register for Warren County's Relay For Life online at relayforlife.org/warrenky, Allen County's Relay For Life at relayforlife.org/allenky, or Simpson County's Relay For Life at relayforlife.org/simpsonky. Click "Sign Up" at the top of the page. You will have to click on "Pay with check or cash" but there is no sign-up fee for The Medical Center teams and you will not be charged.

Do you have a Relay For Life team in your department? Tell us about your fundraising efforts and why you Relay and your team could be featured in an upcoming *CHC Intercomm*.

ECHO Campaign Winners

The employee giving program, ECHO (Employees Contributing to Help Others), is an important fundraising tool and a great way for employees to work together to support Commonwealth Health Free Clinic and the Hospitality House. A monthly drawing for donors participating in ECHO started in March. Tammy Wagoner won a \$25 gift card to Mariah's and Judith Tatum won a \$60 gift card to Salon Panache. Both gift cards were donated for the drawing. For more information on how to sign up, please contact Kathy Smith at kasmith@chc.net or visit the Foundation's website at www.commonwealthhealthfoundation.org. Make a difference in someone's life!

"In 1984, I was divorced and had a six month old to take care of with no child support. I worked two jobs and still could not afford insurance. I wish the Free Clinic had been in existence when I was in this situation. The need is great for the Free Clinic and with the way the economy is currently, none of us know what the future will hold. I feel it is an honor to give to those who need this help."

—Tammy Wagoner



"I have been an employee at The Medical Center for 27 years. But I can remember what it is like to work hard and have no insurance. I remember when I needed help – so this is my way to give back to the community."

—Judith Tatum



Tradition of Excellence Award



Rodney Rogers, 2011 Chamber Board Chair (far left), and Barbara Johnston, 2011 Workforce Development Committee Chair (far right), presented the Tradition of Excellence Award to Marissa Hesson, Community Diabetes Educator for The Medical Center, Joanna Jones, Briarwood Assistant Principal, and Janice Lockwood, Briarwood Family Resource Coordinator.

On April 13, the Bowling Green Area Chamber of Commerce presented The Medical Center and Briarwood Elementary School with the Tradition of Excellence Award, one of three Business Education Partnership Awards given to local businesses and schools for the 2010–2011 school year. The award is given to schools and businesses that are outstanding examples of partnership in our community.

New Employees, continued



Standing left to right: Cathy Rigsby, ESD; Peggy Hayes, ESD. Sitting left to right: Alonzo Clark, ESD; Lloyd Dunn, MCF ESD.



Don't Forget Allen County Relay For Life

May 6 through 7

Join The Medical Center in the fight against cancer by supporting the American Cancer Society (ACS) Relay For Life. Other dates to remember:

Simpson County

June 3 through 4

Warren County

June 3 through 4

For details, call the American Cancer Society at 800-ACS-2345 or visit their website at relayforlife.org.