

INTERCOMM

May 25, 2011

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MEN'S HEALTH TUNE UP
HOSPITAL WEEK PICNIC

Nurses and Clinical Support Employees of the Year

Nurses



Pam Brigl, RN IV
The Medical Center at
Bowling Green Endoscopy



Ronda Allen, RN
The Medical Center at
Scottsville Acute Care



Debbie Shoulders, LPN
The Medical Center at
Franklin Acute Care



Marcia Lewis, RN
Commonwealth Regional
Specialty Hospital

Clinical Support Employees



Brenda Richmond, Monitor Tech
The Medical Center at Bowling
Green Ambulatory Services



Lydia Richey, CNA
The Medical Center at Scottsville
Long Term Care



Kesha Matthews, CNA
The Medical Center at Franklin
Acute Care



**Patsy Hudson, CNA/
Monitor Tech**
Commonwealth Regional
Specialty Hospital

Don't Forget
Relay For Life

**Simpson and
Warren Counties
June 3 through 4**

Join The Medical Center in the fight against cancer by supporting the American Cancer Society (ACS) Relay For Life. For details, call the American Cancer Society at 800-ACS-2345 or visit their website at relayforlife.org.

The Medical Center at Bowling Green, Franklin, and Scottsville, and Commonwealth Regional Specialty Hospital proudly announce the recipients of Nurses of the Year and Clinical Support Employees of the Year.

Each year around May 12, The Medical Center honors the nurses and clinical support employees, chosen by their peers, who represent the highest standards in their profession. May 12 is the birthday of Florence Nightingale, who is considered the founder of modern, professional nursing. Nurse of the Year winners are: Pam Brigl, RN, BSN, CGRN, CN IV, The Medical Center at Bowling Green; Ronda Allen, RN, The Medical Center at Scottsville; Debbie Shoulders, LPN, The Medical Center at Franklin; Marcia Lewis, RN, Commonwealth Regional Specialty Hospital.

Clinical Support includes CNAs, NAs, Home Health Aides, Unit Clerks and Techs (Monitor, OR,

OB, ED, Psych, and CSR). Clinical Support Employees of the Year are: Brenda Richmond, Monitor Tech, The Medical Center at Bowling Green; Lydia Richey, CNA, The Medical Center at Scottsville; Kesha Matthews, CNA, The Medical Center at Franklin; Patsy Hudson, CNA/Monitor Tech, Commonwealth Regional Specialty Hospital.

Ceremonies were held May 11 in Franklin and May 12 in Bowling Green and Scottsville. Thank you and congratulations to each of the recipients and nominees. Your passion and commitment to healthcare improves lives in our community.

Upcoming Events

Colon Cancer Awareness/ Education Class

May 31

5:30 to 6:30 p.m.

The Medical Center Health & Wellness Center at Greenwood Mall

Join Elizabeth Westbrook with Kentucky Cancer Program as she shares valuable information on the prevention and early detection of colon cancer. *Preregistration required by calling 745-0942.*

Fatherhood 101

May 31

7 p.m.

The Medical Center Classroom 2

George Miller, R.N., a Nursery nurse at The Medical Center, will discuss concerns of new fathers with regards to responsibilities and relationship changes with a new baby and mom. *Preregistration required by calling 796-2495; dads only!*

A New Baby's Coming Class

June 2

6 to 8 p.m.

The Medical Center Auditorium

This is a siblings class for kids ages three and older to prepare for the arrival of the new baby. A tour of the Obstetrics (OB) unit and a view of the Nursery are included as well as refreshments and a video. *Preregistration required by calling 796-2495. Participants should bring a doll or stuffed animal.*

Men's Health Tune Up

June 4

7:30 to 11:30 a.m.

National Corvette Museum

Free health screenings and a light breakfast will be available from 7:30 to 9:30 a.m. After the screenings, Brian K. Macy, M.D., Family Medicine and Sports Medicine, and Matthew Rutter, M.D., Urology, will address the unique health concerns of men today. **For more information, see the story on page [3]. Preregister by calling 745-0942.**

Elbow Pain (Golfer's/Tennis Elbow) Screening

June 7

3 to 5 p.m.

YMCA of Scottsville and Allen County

The Medical Center at Scottsville Rehabilitation Services offers this screening at the YMCA of Scottsville and Allen County. *Appointments recommended. Call 270-622-2847 for more information.*

Babysitting Clinic

June 8

9 a.m. to 2 p.m.

The Medical Center Health & Wellness Center at Greenwood Mall

Boys and girls age 11 through 17 will learn about safety, how to handle emergencies, and basic tips for caring for children of all ages. The fee is \$20 and includes lunch, course materials, and a T-shirt. *Prepayment and registration required by calling 745-0942; class size is limited.*

Vascular Screening

June 10

9 a.m. to 4 p.m.

The Medical Center Health & Wellness Center at Greenwood Mall

Assess your vascular health with three painless, noninvasive tests: carotid ultrasound, abdominal aortic ultrasound, and ankle/brachial index. These tests screen for disorders such as stroke, aortic aneurysm, and lower extremity vascular disease. A vascular technologist performs the screenings, results are sent to a board certified vascular surgeon at The Heart Institute, and a report is sent to you and your physician. The cost is \$35 per screening or \$90 for all three. Members of Senior Health Network, Men's Health Alliance, and The Women's Center can get all three for \$80. *Appointments are required by calling 745-0942.*

New bronchoscopy procedure brings hope to lung patients

The Medical Center offers a new procedure called Electromagnetic Navigation Bronchoscopy (ENB) for people with suspicious lung lesions, or lung spots, located deep or in the periphery of the lung. A lesion can be detected on an x-ray or CT scan and may be caused by infection, inflammation, or cancer.

Current options to diagnose lung lesions have serious limitations. Surgery can diagnose or remove affected sections of the lung, but unfortunately many patients are not surgical candidates. Needle biopsies can cause a collapsed lung. Traditional bronchoscopy only reaches the upper portion of the lung, unable to reach the lower and outer areas. Inoperable patients with distantly located lung spots are required to wait, hoping their spots are not cancerous.

ENB uses CT scans to create high-definition 3D maps of the lungs, enabling physicians to guide and steer catheters to the smallest airways. When the location of the suspicious spot is secured, diagnostic tools are passed through, and a sample is taken. If lung cancer is confirmed at an early stage, treatment options are better and survival rates are much higher. In addition to its diagnostic features, ENB can enhance radiation treatment with marker placement. With the use of markers, tumor movement can be tracked during treatment, helping to reduce normal tissue exposure.

ENB is efficient and less-invasive, and it is typically performed as an outpatient procedure. The Medical Center is the first hospital in Southcentral Kentucky to offer this advanced approach to lung navigation and access.

New Employees



Standing left to right: William Sisco, LTC; Lisa Anspach, CRSH; Lee Ann Crawley, Cath Lab. Sitting left to right: Richard Slaughter, ED; David Delk, OHR; Ralph Nance, Cath Lab.



Standing left to right: Bobby Goodrum, Engineering; Christina Richardson, Radiology. Sitting left to right: Taquella Jenkins, Food Services; Debbie Harris, IT.



Standing left to right: Teresa Morel, Radiology; Jill Wilson, Patient Registration; Regina Rich, MCS Rehab Services. Sitting left to right: Jenny Greenwell, Accounting; Patty Thurman, NICU.

MEN'S HEALTH TUNE UP

Saturday, June 4 • 7:30 to 11:30 a.m.
National Corvette Museum

Free and open to men of all ages

Call (270) 745-0942 or 877-800-3824 to register or for more information

Men's Health Tune Up, an event focused on men's health and wellness, will be held at the National Corvette Museum on Saturday, June 4, from 7:30 to 11:30 a.m. There is no fee to attend, but guests are encouraged to register by calling 745-0942 or 877-800-3824 or online at TheMedicalCenter.org. Free health screenings and a light breakfast will be available from 7:30 to 9:30 a.m. Following

Free Health Screenings & Light Breakfast:

Available 7:30 – 9:30 a.m.

- PSA (Prostate Cancer Screening)*
- Blood Pressure
- Body Fat Analysis
- Colon Cancer Screening Kits
- Vision
- Skin Cancer
- Grip Strength Testing
- Balance Screening

*Free to members of Men's Health Alliance and Senior Health Network. Non-members can join either program the day of event for \$10 and receive the free PSA screening.

the screenings, Brian K. Macy, M.D., Family Medicine and Sports Medicine, and Matthew Rutter, M.D., Urology, will address the unique health concerns of men today. Guests can also enjoy a discounted tour of the National Corvette Museum the day of the event for \$4. Men of all ages are invited. Take charge of your health!

Presentations:

9:45 – 10:30 a.m. *Tune Up to Better Health* by Brian K. Macy, M.D., Family Medicine & Sports Medicine

10:30 – 11:15 a.m. *Prostate Cancer: What All Men Need to Know* by Matthew Rutter, M.D., Urology

Hospital Week picnic celebrates employee engagement score



Employees enjoyed good food, fun and fellowship at a picnic held May 11 on the campus of The Medical Center. In addition to Hospital Week, the picnic was in celebration of CHC's increased iC.A.R.E. survey Employee Engagement grand mean score of 4.06, which places the corporation in the 55th percentile of the Gallup Healthcare Database.